

Sizing chart

An assessment from a healthcare professional is recommended to confirm whether the indications and limitations listed below make the patient a candidate for the Xtern. Sizing can then be determined using the patient's foot width and length.

Clinical indications

- Drop foot
- Dorsiflexion weakness
- Peroneal nerve injury
- Idiopathic Toe-walking
- Charcot Marie Tooth (CMT)
- Stroke (CVA)
- Multiple Sclerosis (MS)
- Cerebral Palsy (CP)
- Hemiplegia
- Guillain-Barre Syndrome (GBS)
- Motor neuropathy
- Motor Neurone Disease (MND)
- Back injury or surgery
- Cancer
- Knee injury or surgery

Known clinical limitations

- × Inappropriate footwear
- × Gross fixed deformities of foot or ankle
- × Severe spasticity
- × Quadriceps weakness
- × Severe knee weakness
- × Crouch gait

SHOE SIZE							XTERN KIT SIZE SELECTION				
US				UK		EU		PRODUCT: 101100-SA-L	PRODUCT: 101100-SA-M	PRODUCT: 101100-SA-S	PRODUCT: NOT YET AVAILABLE
MEN		WOMEN		KIDS				LARGE	MEDIUM	SMALL	PEDIATRIC
16				15.5		51		●			
15.5				15		50.5		●			
15				14.5		50		●			
14.5				14		49.5		●			
14				13.5		49		●			
13.5				13		48		●			
13				12.5		47.5		●			
12.5				12		47		●			
12				11.5		46.5		●			
11.5				11		46		●			
11				10.5		45		●			
10.5				10		44.5		●			
10				9.5		44		●			
9.5				9		43		●			
9				8.5		42.5		●			
8.5				8		42		●			
8				7.5		41.5		●			
7.5				7		40.5		●			
7				6.5		40		●			
6.5				6		39		●			
6				5.5		38.5		●			
5.5				5		38		●			
5				4.5		37.5		●			
4.5				4		37		●			
4				3.5		36		●			
3.5				3		35.5		●			
3				2.5		35		●			
2.5				2		34.5		●			
				1.5		33.5					
				1		33					
				13		32.5					
				12.5		31					
				12		30.5					
				11.5		30					
				10.5		29					
				10		28					
				9.5		27.5					
				9		27					

* HCPCS Code L1951 (PDAC VALIDATED) : Ankle foot orthosis, spiral, (institute of rehabilitative medicine type). Plastic or other material, prefabricated, includes fitting and adjustment.

* Suggested L codes. The responsibility for accurate coding lies with the patient care facility that selects the product, fits the patient, and bills for the service